



MISSION SUMMIT TREKS & EXPEDITION PVT. LTD.

www.missionsummittreks.com Tarkeshwor-05, Kathmandu, Nepal

Email: missionsummittreks@gmail.com Tel.: +977 9808262524

Saturday, January 13, 2024

Namaste Traveler's,

Subject: About Ghorepani Poonhill Trekking

Greetings from **Mission Summit Treks!** We're excited to share a special travel plan that will make your dream adventure come true. We've thought about what you like and created a detailed plan for your journey. It includes exciting exploration, relaxing moments, and a chance to experience new cultures.

The **Ghorepani Poonhill Trekking** is a popular trekking route in the Annapurna region of Nepal, offering stunning views of the Annapurna and Dhaulagiri mountain ranges. The trek takes about 4 to 7 days and is known for its moderate difficulty, making it suitable for a wide range of trekkers. Highlights include the sunrise view from Poon Hill, the picturesque Ghorepani Village, and cultural interactions with local Gurung and Magar communities. Trekkers need permits, and accommodations are provided by teahouses along the trail. The best times to trek are during the spring and autumn seasons.

Itinerary

Day 01: Arrival at Kathmandu and Check into Hotel

As you arrive on Tribhuvan International Airport (TIA), Kathmandu (1400m), one of us from our company will be in TIA to welcome you. He/she will pick you from there towards Hotel. Depending on time of arrival, you can rest on the Hotel or visit some places of Kathmandu. You can meet your guide and discuss about trip to Ghorepani Poonhill. You will rest in Hotel overnight. You will get best hotel to reach your comfort zone.

Day 02: Travel from Kathmandu to Pokhara

Pokhara is 827 meter far from Kathmandu. It takes six hours to reach Pokhara via bus. You will have your breakfast on the hotel and pack your bag, then we will begin our journey from Kathmandu to Pokhara. We will travel in Tourist bus. Morning Flight from Kathmandu to Pokhara is also there as an

Option. It takes 30 minute to land Pokhara from TIA. Depending on your travel choice we can reach Pokhara on second day. We will Check – in to the hotel of Pokhara, take rest, have dinner and sleep over night.

Day 03: Travel from Pokhara to Nayapul and trek to Hile

Poonhill trekking actually starts from this day because your walk from Nayapul. You will travel from Pokhara to Nayapul after having breakfast. For your comfortness we will arrange private taxi, travelling on local bus is bit uncomfort and crowd may not let you enjoy as much as you expect. You will reach Nayapul with-in an hour.Nayapul (1070m) is the beginning point of trek. We will start walking along Modi Khola after reaching Nayapul. We will follow the path through Birethanti (1015m), Five hours of walk will take us upto Hille 1430m. We will enter our booked tea house in Hille, enjoy the hospitality of Gurung culture, traditional food and take rest overnight there.

Day 04: Trek from Hille to Ghorepani

Hille's night stay ends with morning breakfast, we will carry our bag and start our trek. First we will reach Tikhedhunga (1960m) then towards Ulleri 1960m and have lunch in Banthatii and start walking. Around 3 hours of walk from Banthati we will reach Ghorepani (2870m).It takes around six hour to reach Ghorepani from Hile. We will have nightstay in teahouse of Ghorepani.

Day 05: Hike up to Poonhill and Trek to Tadapani

To reach Poonhill before sunrise, we will wake up before 5 am and hike towards Poonhill -The best view point of Annapurna region also as Photographer's paradise. View of Sun rise and rays falling on Annapurna and Dhaulagiri range is awesome. Capturing the moments in photographs and videos we will come back to teahouse in Ghorepani. We will start our trek towards Tadapani after having breakfast in Ghorepani.Walking uphill towards Deurali, downhill from Deurali and having lunch in Banthati, we will reach Tadapani after six hour. Stay there in a tea house at night.

Day 06: Trek from Tadapani to Ghandruk

After taking breakfast we will walk downhills, passing forest and reach Ghandruk after Three hours of walk. Ghandruk is traditional Gurung village. You will observe typical Gurung culture, ethnic

lifestyle and interact with local people. Magnificent views of mountains from Ghandruk also give pleasure. We will stay in local guest house overnight.

Day 07: Trek to Nayapul and drive to Pokhara

Day seven is the last day of trek. After having breakfast we will walk towards Nayapul. It takes Four hours to reach Nayapul. We will move back to Pokhara from Nayapul via private taxi. Stay in Hotel of Pokhara that night.

Day 08: Drive from Pokhara to Kathmandu

We will say goodbye to Pokhara and drive towards Kathmandu after having breakfast. After six hours we will arrive Kathmandu, Stay in hotel. Depending on your choice you can visit Thamel Bazar, do shopping and enjoy farewell dinner.

Day 09: Final departure from Kathmandu

This is the last day in Kathmandu! You can join to new destination or take the returning flight towards your country. It's all up to you either you will join new trek or not. We will be with you in airport to see off.

THIS TRIP INCLUDES

- Pick And Drop From international airport and transfer to hotel by private vehicle.
- Hotel Accommodation in Kathmandu & Pokhara on twin share On B/B Plan
- Full Board Meal During Trekking (lunch, Dinner, Breakfast)
- Accommodation in tea house(mountain lodge) during the trek
- Welcome dinner in Kathmandu, with us.
- Transportation from starting to ending points of the trek
- Comprehensive First Aid Kit
- Respective region (Annapurna) trekking map. TIMS Card & Trekking Permit.
- Well-experienced guide with all his allowance and expenses
- Necessary Porters to carry all personal baggers
- Proper Insurance of all staff including porters

- Filling a water bottle and purification tablet. (Eco-Friendly)

THIS TRIP EXCLUDES

- Nepal entry Visa fees
- Your travel insurance
- International Airfare and Airport Tax
- Lunch and Dinner except mentioned on Itinerary
- Extra expenses incurred due to accidents, landslide, strikes, political unrest, etc
- All Drinks and main meals in cities, also on trail
- Tips for guide and porter
- Items of personal expenses such as beverages, extra tea and coffee on the way while trekking, battery charging at tea houses, hot shower, mineral water and internet

Check list

Recommended Gear Lists:

- 01.) Good wind/rain jacket
- 02.) Warm fleece jacket or jersey
- 03.) Good boots, either light-weight trekking boots or light full leather boots
- 04.) Good -20 Sleeping bag (which can be rented or buy in Kathmandu)
- 05.) A comfortable day pack, preferably with a waistband.
- 06.) Fleece jacket or pullover
- 07.) Fleece Wind-Stopper jacket (optional)
- 08.) Waterproof (preferably breathable fabric) shell jacket
- 09.) Down vest and/or jacket (optional)
- 10.) Lightweight gloves
- 11.) Heavyweight gloves or mittens with a waterproof shell outer
- 12.) Sun hat or scarf
- 13.) Light balaclava or warm fleece hat
- 14.) Sunglasses with UV protection
- 15.) T-shirts
- 16.) Underwear
- 17.) Hiking shorts
- 18.) Light and expedition weight thermal bottoms
- 19.) Fleece or wool pants
- 20.) Waterproof (preferably breathable fabric) shell pants
- 21.) Thin, lightweight inner socks
- 22.) Thick, warm wool hiking socks

- 23.) Hiking boots with spare laces
- 24.) Camp shoes (sneakers and/or sandals)

Other optional necessary equipment:

- 1.) Headlamp (e.g. Petzl Zoom) with spare bulbs and batteries
 - 2.) Small pad or combination lock-to-lock trek bag
 - 3.) Basic First Aid Kit (We also provide a comprehensive first aid medical kit and Oximeter)
 - 4.) Large plastic bags - for keeping items dry inside trek bag
 - 5.) Day pack (approximately 2500 to 3000 cubic inches)
 - 6.) Water bottles (2 bottles recommended)
 - 7.) Toiletries
 - 8.) Small wash towel
-

To proceed

1. Booking

Booking your trek prior to your arrival in Nepal will allow time for permits to be issued, questions to be answered, and will make the process a lot easier for you.

2. Payment

When booking one of our tours, you must provide 30% of the cost up front in order to reserve your trip date. The remainder of the cost can be paid later, upon arrival in Kathmandu.

About Payment:

We accept Bank transfer for advance (20%) and Rest we can do cash on arrival.

All details of Everest Base Camp Visit this link: [-https://www.missionsummittreks.com/trip/poonhill-trekking/](https://www.missionsummittreks.com/trip/poonhill-trekking/)

Term and Condition

<https://www.missionsummittreks.com/terms-and-conditions/>

Thanks and Regard

Mission Summit Treks and Expedition Pvt. Ltd

Kathmandu Nepal

info@missionsummittreks.com

www.missionsummittreks.com



Mission Summit
T r e k s & E x p e d i t i o n