



MISSION SUMMIT TREKS & EXPEDITION PVT. LTD.

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Dear Traveller's,

Subject: Details for Mardi Himal Trek

Greetings from **Mission Summit Treks**! We're excited to share a special travel plan that will make your dream adventure come true. We've thought about what you like and created a detailed plan for your journey. It includes exciting exploration, relaxing moments, and a chance to experience new cultures.

Outlook Trip Itinerary

01 Day: Arrival in Kathmandu, Nepal
02 Day: KTM – Pokhara
03 Day: Pokhara -Deurali - Forest Camp
04 Day: Forest camp – High Camp
05 Day: High camp to Base camp and back to Low camp
06 Day: Low -Siddhing to Pokhara
07 Day: Return back to Kathmandu
08 Day: Kathmandu – Departure to own destination

Trip Highlights

Activities Trekking & Walking,
Trekking route: Kathmandu-Pokhara , Australian Camp, Forest Camp , High Camp, view point, Siddhing , Pokhara, Kathmandu
Total Duration: 08night's/09days in total
Trek Duration: 5 days
Grade: Moderate

Max. Elevation: High Camp (3900 m) or MHBC 4400 Mts
Trekking style: Tea house trek
Meal: Full board on trek
Accommodation: lodge on trek
Transportation: Local and private vehicle
Best Months: Sept-Nov & Mar-May/All year
Group Size: Min 2 people; Max 12 people

Day to Day itinerary

Day 01: Arrival in Katmandu Nepal

Upon your arrival in Kathmandu our tour guide or office representative will greet and meet you at Airport & transfer you to Hotel. You will have leisure time, followed by an evening welcome dinner at a typical Nepalese Restaurant. Overnight in Kathmandu (1,350m).

Day 02: Kathmandu-Pokhara by air 25 minutes, by land 6-7 hours

Breakfast at Hotel and drive to Pokhara which may take 7Hrs to Pokhara. (If fly from Kathmandu to Pokhara only 25 Minutes) Pokhara offers the magnificent views of Dhaulagiri, Manaslu, Machapuchare, five peaks of Annapurna and others. Pokhara numerous lakes, known as 'Tal' in Nepali offer fishing, boating and swimming. Explore, relax and dine by tranquil Lake Phewa. Overnight in Pokhara (823m).

Day 03: Pokhara to Dhampus – Pothana by drive & trek to forest Camp (3050 m) 5 to 6 hours trek.

After an early morning breakfast, we start our adventure with a drive to Dhampus – Pothana and start trekking. We walk on stone steps, terraced fields and through villages and forests before reaching Australian camp.

Our trail passes through lush forest dotted with the red rhododendrons. The flowers are a common sight in Nepalese hills and it is no surprise that its Nepal's national flower. Our trail is

very quiet until we reach a clearing of the forest camp. We can take rest and explore the area which is also known locally as Kokar. Overnight in Forest Camp.

Day 04: Forest Camp to High Camp (3540m) 7 - 8 hours trek.

We continue to walk through dense forests admiring Nepal's rich biodiversity and reach the low camp. From here, the fantastic view of Mt. Machapuchare (Mt. Fishtail) up the valley is mesmerizing. We can spend some time in the evening observing the local lifestyle. Overnight in Badala Danda (3900 m). after Badal Danda will continue 2 hrs to reach High camp

Day 05: High camp to upper viewpoint (4250m/13600ft), or MHBC 5,400 return back to Low Camp via High camp

Embark on a challenging trek from High Camp to the Upper Viewpoint at 4250m (13600ft). The ascent unveils stunning Himalayan peaks amidst alpine meadows. Marvel at the panoramic vista including Machapuchare. Return to High Camp, then descend to Low Camp through serene forests. This day offers a profound connection to nature's wonders and your own resilience.

Day 06: Low camp to Siddhing Village drive to Pokhara 6/3 hours

We take a different route in Low camp that takes us to Siddhing instead of going back down to Mardi Himal. The different route lets us experience something different and makes our trek exciting. Siddhing offers a quiet stay for trekkers as it is tucked away from the busier trails. Drive from Siddhing to Pokhara or we walk towards Lumle finally reaching to the road from where we can drive to Pokhara Overnight in Pokhara.

Day 08: Pokhara –Kathmandu by Tourist Bus 5- 6 hours

By Bus: Morning we will drive back through the scenic countryside and en route will stop for breakfast & lunch. It takes 7 hours back to Kathmandu. On arrival at Kathmandu guide will

transfer to the hotel and rest of the day relax or explore the surrounding areas and overnight at hotel and you own or further references you extending holiday as per your time and interest.

Day 09: Final departure

Our guide or friendly representative will drop you off at the airport. We are sure that you will be inspired to visit Nepal again after this trek. We hope that you choose us to plan your next trip to Nepal.

Included in the Cost

Airport pickups and drops in a private vehicle
Kathmandu-Pokhara-Kathmandu by private vehicle. Local Jeep transportation to Pokhara – Dhampus/ Pothana – Siddhing /Lumle - Pokhara
Hotel accommodation; 2 nights Kathmandu and 2 nights Pokhara with breakfast
All Teahouse accommodation with meals (breakfast, lunch and dinner) during the trek
An experienced, English-speaking and government-licensed trek guide
Staff costs including their salary, insurance, equipment, food and accommodation
All necessary paperwork and trekking permits (ACAP, TIMS local permits)
All government and local taxes
Trekking bag/duffel bag, and trekking map are yours to take

Excluded in the Cost

International airfare to and from Kathmandu
Excess baggage charges
Lunch and dinner in Kathmandu and Pokhara
Extra night accommodation in Kathmandu and Pokhara in case of early arrival, late departure, and early return from the mountain(due to any reason) than the scheduled itinerary
Travel and rescue insurance
Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
Tips for guide(s), porter(s) and driver(s)

Check list

Recommended Gear Lists:

- 01.) Good wind/rain jacket
- 02.) Warm fleece jacket or jersey
- 03.) Good boots, either light-weight trekking boots or light full leather boots
- 04.) Good -20 Sleeping bag (which can be rented or buy in Kathmandu)
- 05.) A comfortable day pack, preferably with a waistband.
- 06.) Fleece jacket or pullover
- 07.) Fleece Wind-Stopper jacket (optional)
- 08.) Waterproof (preferably breathable fabric) shell jacket
- 09.) Down vest and/or jacket (optional)
- 10.) Lightweight gloves
- 11.) Heavyweight gloves or mittens with a waterproof shell outer
- 12.) Sun hat or scarf
- 13.) Light balaclava or warm fleece hat
- 14.) Sunglasses with UV protection
- 15.) T-shirts
- 16.) Underwear
- 17.) Hiking shorts
- 18.) Light and expedition weight thermal bottoms
- 19.) Fleece or wool pants
- 20.) Waterproof (preferably breathable fabric) shell pants
- 21.) Thin, lightweight inner socks
- 22.) Thick, warm wool hiking socks
- 23.) Hiking boots with spare laces
- 24.) Camp shoes (sneakers and/or sandals)

Other optional necessary equipment:

- 1.) Headlamp (e.g. Petzl Zoom) with spare bulbs and batteries
- 2.) Small pad or combination lock-to-lock trek bag
- 3.) Basic First Aid Kit (We also provide comprehensive first aid medical kit and Oximeter)
- 4.) Large plastic bags - for keeping items dry inside trek bag
- 5.) Day pack (approximately 2500 to 3000 cubic inches)

- 6.) Water bottles (2 bottles recommended)
 - 7.) Toiletries
 - 8.) Small wash towel
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To proceed

1. Booking

Booking your trek prior to your arrival in Nepal will allow time for permits to be issued, questions to be answered, and will make the process a lot easier for you.

2. Payment

When booking one of our tours, you must provide 20% of the cost up front in order to reserve your trip date. The remainder of the cost can be paid later, upon arrival in Kathmandu.

About Payment:

We accept Bank transfer for advance (20%) and Rest we can do cash.

Payment Details: <https://www.missionsummittreks.com/make-a-payment/>

All details of Everest Base Camp Visit this link: -

<https://www.missionsummittreks.com/trip/mardi-himal-trek/>

Term and Condition

<https://www.missionsummittreks.com/terms-conditions/>

Thanks and Regard

Mission Summit Treks and Expedition Pvt. Ltd

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